

# Notre Dame

## Sixth Form

**Level 3 Cambridge Technical Extended Certificate in  
Sport and Physical Activity. Exam Board OCR**

## Physical Education

### **If you have >>**

a passion for sport and the far reaching sports industry.

### **You can >>**

apply to do a Level 3 Cambridge Technical Extended Certificate in Sport and Physical Activity, worth 1 A level, studying 5/6 units over 2 years.

### **This will mean >>**

you will have a number of assignments throughout the two years for coursework and exam units.

### **This course will appeal to any student who >>**

is organised and can keep to deadlines for coursework, as well as work towards written examinations. It would be an advantage to have studied either GCSE, Cambridge National or BTEC PE first but this is not essential. An aptitude for science would also be an advantage. A passion for sport is essential.

### **You will >>**

study a wide range of topics and present your work in a number of different formats including presentations, videos, posters and practical performance, as well as in exams.

### **Course Modules are >>**

Mandatory units – learners complete and achieve all units

1 Body Systems and the Effects of Physical Activity 90 GLH exam

2 Sports Coaching and Activity Leadership 90 GLH coursework

3 Sports Organisation and Development 60 GLH Exam

Optional unit – learners complete 2/3 optional coursework unit from a variety – including practical sport

### **With this subject you could >>**

have a good foundation for a career in the sports industry, from coaching to sports journalism to athlete dietician.

### **For more information contact >>**

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